

# Adoption Support and Preservation

*providing support for Tennessee's adoptive families*



## Let us tell you about ASAP..

ASAP is an innovative program that supports adoptive families and children across Tennessee as they create and maintain important connections with each other and helpful service agencies. ASAP teaches families how to ensure a successful adoption, and is motivated by the needs of families and children in all stages of the adoption process.

### Who is Eligible to Receive Services from ASAP?

Any family with an adopted child who was formerly in the custody of the Tennessee Department of Children's Services, and who is currently 18 years of age or younger, is eligible to participate. Families who are considering adoption may qualify for adoption preparation services.

### What Makes Us Different?

#### *Individualized Care*

Each ASAP family is assisted by one Family Therapist who works compassionately with the family to identify barriers to success. The ASAP Family Therapist and the family develop a plan of care to address the needs of the family and to help coordinate any additional support necessary to build and maintain a healthy and happy family life.

#### *Crisis Intervention*

ASAP works with each family in times of crisis to promote stability and safety. ASAP uses counseling, relief teams, support groups, and other community resources to process issues leading to crisis situations.

#### *Counseling*

In-home counseling will be made available to each family as determined by their need and desire for assistance. Attachment-based, trauma-reduction treatment modalities are primary therapeutic techniques used by clinicians.

#### *Support Groups*

ASAP works to unite families throughout Tennessee with other families in the adoption and post-adoption process to form support groups across the state.

#### *Relief Teams*

Relief teams are created to provide natural support in the form of respite and recreational activities for all family members. These teams are made up of individuals and groups who have been identified by each family.

#### *Adoption Preparation*

ASAP has developed an Adoption Preparation Training Curriculum to help families begin their adoption journey feeling well prepared for their lifetime commitment.

#### *Community Education*

ASAP offers families the benefits of a network of community resources. These are unified and are therefore better able to meet the needs of a diverse group of people. ASAP also maintains a Lending Library of books, CDs, DVDs, and board games for adoptive families.



**ASAP Helpline 1-888-848-2727**

[www.tnasap.org](http://www.tnasap.org)